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**BALTIMORE MAN PLEADS GUILTY TO FORCIBLE ASSAULT ON FEDERAL  
EMPLOYEE AND BRANDISHING A FIREARM**

*Baltimore*, Maryland – On January 22, 2018, Idialyon Helm, age 21, of Baltimore, Maryland, pleaded guilty to one count of forcible assault on a federal employee, a United States Postal Service (USPS) letter carrier, and one count of brandishing a firearm in connection with a crime of violence—here, the forcible assault. In connection with his plea agreement, he also specifically admitted to one additional armed robbery, as well as an attempted armed robbery.

The guilty plea was announced by Acting United States Attorney for the District of Maryland Stephen M. Schenning; Special Agent in Charge of the United States Postal Service – Office of Inspector General Paul L. Bowman and Commissioner Darryl De Sousa of the Baltimore Police Department.

According to his plea agreement, on December 29, 2016, at between 10:00 and 10:15 AM, Helm robbed a USPS letter carrier at gunpoint while the letter carrier was on his route in the 3100 block of Chesterfield Avenue in Baltimore City, Baltimore, Maryland, 21213, taking the victim’s wallet and smart watch, among other things.

Helm was indicted for forcible assault on a federal employee and brandishing a firearm in connection with a crime of violence. In pleading guilty to those charges, Helm also acknowledged that he committed two other robberies/attempted robberies just days before the robbery of the letter carrier. According to his plea agreement, on December 25, 2016, at approximately 1:30 in the afternoon, Helm approached a male victim outside of a convenience store on Caton Avenue in Baltimore, pointed a silver handgun at him, and stole his shoes—a pair of Ugg Boots. Later that afternoon, Helm also attempted to rob a female victim at an M&T Bank ATM on Belair Road in Baltimore. He approached her, pointed a silver handgun at her, and said “Give me what you got.” In response, she fled and observed Helm get into a silver Infiniti SUV and drive away.

Helm and the government have agreed that if the Court accepts the parties’ plea

agreement Gregg will be sentenced to a total of 10 years in prison for the forcible assault and for brandishing a firearm. U.S. District Judge Richard D. Bennett has scheduled sentencing for March 19, 2018 at 3:00 p.m. Helm remains detained pending sentencing.

Acting United States Attorney Stephen M. Schenning commended the United States Postal Inspection Service and the Baltimore City Police Department for their work in the investigation. Mr. Schenning thanked Assistant U.S. Attorneys Paul Riley and Judson Mihok who are prosecuting the case.